



**long beach lodge**  
RESORT

**BRUNCH**

8:00am to 1:00pm

call 250-725-2442 or extension 505 to order

dine in, or lodge room service, 17% gratuity on room service

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**MUSHROOM HASH • 18**

crispy potato polenta, roasted mushrooms and peppers, arugula, two poached eggs, pepper jam, hollandaise

*add smoked meat • 4*

**SMOKED BEET RANCHEROS • 18**

house smoked beets, black rice, guacamole, poached eggs, chipotle black crema, pickled onions, tortilla crumble

**DAILY OMELETTE • 17**

chef inspired creation, house made toast

*items below with choice of herb and parmesan hash browns or warm black rice and yam salad*

*substitute fruit or salad • 2.50*  
*tofu scramble for eggs • 2*

**SURF'S UP BREAKFAST • 21**

two free run eggs, toast, choice of house smoked ham, bacon or chicken-apple sausage  
*substitute 6oz sirloin steak • 9*

**SALMON BENNY • 21**

local cold smoked salmon, spinach, dill, pickled fennel, house made focaccia

**CLASSIC BENNY • 20**

house smoked ham, bacon jam, house made focaccia

**VEGETARIAN BENNY • 19**

mushroom, spinach, truffle garlic spread, crispy shallots, house made focaccia

**BREAKFAST SANDWICH • 18**

house smoked ham or beets, red pepper jam, guacamole, fried egg, buckwheat bagel

**CRISPY CHICKEN SANDWICH • 22**

crispy buttermilk chicken, house hot sauce, shaved lettuce, dill pickles, parmesan ranch

**SWEET WAFFLE • 18**

strawberry compote, vanilla cream cheese whip, toasted coconut *(may contain nuts)*

**PLAIN WAFFLE • 12**

served with maple syrup *(may contain nuts)*  
*add crispy chicken • 12*

**LONG BEACH BOWL • 18**

roasted yams, mushrooms, avocado, grape tomato, tofu scramble, cashew hummus, pumpkin seeds

**VEGAN POWER BOWL • 14**

toasted almonds, chia, cashews, seeds, dried fruit, granola, banana, fresh berries

**GREEN SALAD • 9 • 18**

kale, arugula, pickled beets, cherry tomatoes, goat feta, pumpkin seeds, mustard vinaigrette

**HOUSE OATMEAL • 12**

served hot, apple cinnamon compote, maple syrup, toasted almonds

**DAILY SMOOTHIE • 7**

chef inspired flavor limited quantities

**BAGEL AND LOX • 12**

local cold smoked salmon, dill caper cream cheese, pickled onion, buckwheat bagel

**BAKERY**

daily muffin • 5  
toasted buckwheat bagel • 6  
with butter, cream cheese, preserves  
toast with butter, preserves • 5

**EXTRAS AND SIDES**

smoked salmon • 7  
fresh fruit • 5  
avocado • 4  
bacon • 7  
house smoked ham • 6  
two chicken-apple sausages • 6  
herb and parmesan hash browns • 6



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**HOT BEVERAGES**

substitute almond, soy or oat milk • 1

make it iced • 1

foggy bean drip coffee • 3.75

mighty leaf teas • 3.75

hot chocolate • 6

americano • 5

cappuccino • 4.75

latte • 6

vanilla latte • 5.75

chai latte • 5.75

mocha • 6.50

**SPECIALTY COFFEE**

1oz • 9 2oz • 16

blueberry tea disaronno, grand marnier, orange pekoe tea

bailey's coffee bailey's irish cream, espresso

irish coffee jameson's irish whiskey, espresso

b52 bailey's irish cream, grand marnier, kahlua, espresso

spanish coffee kahlua, brandy, espresso

**OPERATION CAESAR**

1oz • 8 2oz • 12

classic luksusowa vodka, tabasco, worcestershire, lime juice

guindilla house-made chili infused el jimador tequila, lime juice, worcestershire sauce, tabasco

grand national befeater gin, horseradish, lime juice, worcestershire sauce, tabasco

garden house-made carrot, celery, and garlic infused vodka, tabasco, worcestershire, lime juice

**MIMOSA**

unsworth "charme de l'île" and orange juice, cranberry or grapefruit juice • 14

**BC WINE BY THE GLASS**

2.5oz | 5oz | 8oz | bottle

**WHITE**

random white • 4 | 9 | 14 | 45

monte creek "ancient waters" chardonnay 2019 (south thompson river, okanagan) • 7 | 13 | 19 | 68

quails gate dry riesling 2020 (kelowna, okanagan) • 6.5 | 12 | 18 | 55

wild goose pinot gris 2021 (Okanagan valley) • 7 | 13 | 19 | 56

winemaker's cut sauvignon blanc 2021 (oliver, okanagan) • 8 | 15 | 22 | 74

**ROSÉ**

unsworth 2020 (mill bay, vancouver island) • 7 | 13 | 19 | 56

**BUBBLES**

unsworth "charme de l'île" nv (cowichan valley, vancouver island) • 14 | 70

**RED**

random red • 4 | 8 | 13 | 40

spearhead pinot noir cuvee 2018 (kelowna, okanagan) • 7 | 14 | 21 | 70

burrowing owl cabernet franc 2019 (oliver, okanagan) • 10 | 18 | 26 | 86

hester creek syrah 2019 (oliver, okanagan) • 8 | 14 | 20 | 66

lake breeze meritage 2018 (naramata bench, okanagan) • 5.5 | 11 | 16 | 53