

BRUNCH

call 250-725-2442 or extension 505 to order
dine in, or lodge room service, 17% gratuity on room service

MUSHROOM HASH • 18

crispy potato polenta, roasted mushrooms and peppers, arugula, two poached eggs, pepper jam, hollandaise

add smoked meat • 4

SMOKED BEET RANCHEROS • 18

house smoked beets, black rice, guacamole, poached eggs, chipotle black crema, pickled onions, tortilla crumble

DAILY OMELETTE • 17

chef inspired creation, house made toast

items below with choice of herb and parmesan hash browns or warm black rice and yam salad

substitute fruit or green salad • 2.50

tofu scramble for eggs • 2

SURF'S UP BREAKFAST • 21

two free run eggs, toast, choice of house smoked ham, bacon or chicken-apple sausage

substitute 6oz sirloin steak • 9

SALMON BENNY • 21

local cold smoked salmon, spinach, dill, pickled fennel, house made focaccia

CLASSIC BENNY • 20

house smoked ham, bacon jam, house made focaccia

VEGETARIAN BENNY • 19

mushroom, spinach, truffle garlic spread, crispy shallots, house made focaccia

BREAKFAST SANDWICH • 18

house smoked ham or beets, red pepper jam, guacamole, fried egg, buckwheat bagel

CRISPY CHICKEN SANDWICH • 22

crispy buttermilk chicken, house hot sauce, shaved lettuce, dill pickles, parmesan ranch

SWEET WAFFLE • 18

strawberry compote, vanilla cream cheese whip, toasted coconut (*may contain nuts*)

PLAIN WAFFLE • 12

served with maple syrup (*may contain nuts*)

add crispy chicken • 12

LONG BEACH BOWL • 18

roasted yams, mushrooms, avocado, grape tomato, tofu scramble, cashew hummus, pumpkin seeds

VEGAN POWER BOWL • 14

toasted almonds, chia, cashews, seeds, dried fruit, granola, banana, fresh berries

GREEN SALAD • 9 • 18

kale, arugula, pickled beets, cherry tomatoes, goat feta, pumpkin seeds, mustard vinaigrette

HOUSE OATMEAL • 12

served hot, apple cinnamon compote, maple syrup, toasted almonds

DAILY SMOOTHIE • 7

chef inspired flavor limited quantities

BAGEL AND LOX • 12

local cold smoked salmon, dill caper cream cheese, pickled onion, buckwheat bagel

BAKERY

daily muffin • 5

toasted buckwheat bagel • 6

with butter, cream cheese, preserves

toast with butter, preserves • 5

EXTRAS AND SIDES

smoked salmon • 7

fresh fruit • 5

avocado • 4

bacon • 7

house smoked ham • 6

two chicken-apple sausages • 6

herb and parmesan hash browns • 6



long beach lodge
RESORT

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HOT BEVERAGES

substitute soy or oat milk • 1

make it iced • 1

foggy bean drip coffee • 3.75

mighty leaf teas • 3.75

hot chocolate • 6

americano • 4.5

cappuccino • 5.50

latte • 6

vanilla latte • 7

chai latte • 7

mocha • 7.50

SPECIALTY COFFEE

1oz • 9 2oz • 16

blueberry tea disaronno, grand marnier, orange
peko tea

bailey's coffee bailey's irish cream, espresso

irish coffee jameson's irish whiskey, espresso

b52 bailey's irish cream, grand marnier, kahlua,
espresso

spanish coffee kahlua, brandy, espresso

CAESARS

2oz • 14

served with clamato juice, tabasco & worcestershire

folklore sheringham akvavit, lemon juice, pacific brine, pickled green bean

fearless tofino distillery jalapeno vodka, lime juice, pacific brine, banana pepper, green bean

london boy befeater gin, lime juice, pacific brine, horseradish, olive, pickled green bean

MIMOSA

unsworth "charme de l'île" and orange juice, cranberry or grapefruit juice • 14

BC WINE BY THE GLASS

5oz | 8oz | bottle

WHITE

random white • 9 | 14 | 45

pedroncelli chardonnay 2021 (dry creek, sonoma valley, california) • 15 | 22 | 74

sea star salish sea ortega/siegerrebe 2021 (pender island) • 14 | 21 | 67

alderlea pinot gris 2022 (cowichan bay, vancouver island) • 15 | 22 | 74

winemaker's cut sauvignon blanc 2021 (oliver, okanagan) • 15 | 22 | 74

ROSÉ

unsworth 2020 (mill bay, vancouver island) • 13 | 19 | 56

BUBBLES 5oz | bottle

unsworth "charme de l'île" nv (cowichan valley, vancouver island) • 14 | 70

RED

random red • 8 | 13 | 40

haywire pinot noir 2020 (thompson, okanagan) • 16 | 23 | 75

burrowing owl cabernet franc 2019 (oliver, okanagan) • 18 | 26 | 86

primosole borgo sangiovese chianti 2019 (toscano IGT, italy) • 14 | 20 | 66

da silva merlot 2019 (upper bench penticton, okanagan) • 16 | 23 | 75