


long beach lodge
RESORT
BRUNCH

8:00 am – 12:30 pm
call 250-725-2442 or extension 505 to order

MUSHROOM HASH • 17

crispy potato polenta, roasted mushrooms and peppers, arugula, two poached eggs, pepper jam, hollandaise
add smoked meat • 4

SMOKED BEET RANCHEROS • 16

house smoked beets, black rice, guacamole, poached eggs, chipotle black crema, pickled onions, tortilla crumble

DAILY OMELETTE • 16

chef inspired creation, house made toast

BAGEL AND LOX • 11

local cold smoked salmon, dill caper cream cheese, pickled onion, buckwheat bagel

items below with choice of herb and parmesan hash browns or warm black rice and yam salad

substitute fruit • 2.50

tofu scramble for eggs • 2

SURF'S UP BREAKFAST • 17

two eggs, toast, choice of bacon, ham or chicken-apple sausage

FOCACCIA BENNY

salmon • 17

local cold smoked salmon, spinach, dill, pickled fennel

classic • 17

house smoked ham, bacon jam

vegetarian • 16

mushroom, spinach, truffle garlic spread, crispy shallots

BREAKFAST SANDWICH • 15

house smoked back bacon, red pepper jam, guacamole, fried egg, buckwheat bagel

SWEET WAFFLE • 15

strawberry compote, vanilla cream cheese whip, toasted coconut (*may contain nuts*)

PLAIN WAFFLE • 10

served with maple syrup (*may contain nuts*)

LONG BEACH BOWL • 16

roasted yams, mushrooms, avocado, grape tomato, tofu scramble, hummus, pumpkins seeds

VEGAN POWER BOWL • 14

toasted almonds, chia, cashews, seeds, dried fruit, granola, banana, fresh berries

HOUSE OATMEAL • 12

served hot, apple cinnamon compote, maple syrup, toasted almonds

DAILY SMOOTHIE • 7

chef inspired flavor while quantities last

BAKERY

daily muffin • 5

toasted buckwheat bagel • 5

with butter, cream cheese, preserves

toast, butter, preserves 4

EXTRAS AND SIDES

smoked salmon • 6

fresh fruit • 5

avocado • 4

bacon or cured ham • 4

two chicken-apple sausage • 4



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BC WINE BY THE GLASS

2.5oz | 5oz | 8oz | bottle

WHITE

Random White • 4 | 8 | 13 | 40

Daily Chardonnay • 5 | 10 | 14 | 48

RED

Random Red • 4 | 8 | 13 | 40

OPERATION CAESAR

1oz • 8 2oz • 12

classic luksusowa vodka, tabasco, worcestershire, salt, pepper, lime juice, olives

fireball caesar tofino jalapeno vodka, tabasco, worcestershire, salt, pepper, lime juice, olives

kentucky old forester bourbon, liquid smoke, paprika, tabasco, worcestershire, salt, pepper, lime juice, olives

garden house-made carrot, celery, cucumber, and garlic infused vodka, tabasco, worcestershire, salt, pepper, lime juice, celery, olives

BUBBLES

Unsworth Mimosa

“Charme de l’Ile” and orange juice • 7

Switch it up, cranberry or grapefruit juice

SPECIALTY COFFEE • 12

grande tofinoccino tofino espresso vodka, galliano, simple syrup, coffee on the rocks

southern crumble old forester bourbon, cinnamon syrup, vanilla Syrup, steamed apple cider

caribbean coco sailor jerry spiced rum, creme de cacao, hot chocolate, whip cream

bergamot beefeater gin, crème de menthe, vanilla Syrup, earl grey tea, steamed whole milk, nutmeg

bottle surf el jimador, white rum, disaronno amaretto, espresso, whipped cream

irish wake jameson, frangelico, espresso, whipped cream, nutmeg

HOT BEVERAGES

served with milk, substitute almond, soy or oat milk • 1.50

foggy bean drip coffee • 3.50

mighty leaf teas • 3.50

hot chocolate • 5

americano • 4

cappuccino • 4.50

latte • 5

vanilla latte • 5.50

chai latte • 5.50

mocha • 5.50

HOT BEVERAGES *with a kick*

1oz • 9 2oz • 16

blueberry tea disaronno, grand marnier, orange pekoe tea

bailey’s coffee bailey’s irish cream, espresso

irish coffee jameson’s irish whiskey, espresso

b52 bailey’s irish cream, grand marnier, kahlua, espresso

spanish coffee tia maria, triple sec, espresso