



long beach lodge
RESORT

BREAKFAST

8:00am to 1:00pm

call 250-725-2442 or extension 505 to order

dine in, or lodge room service, 17% gratuity on room service

MUSHROOM HASH • 18

crispy potato polenta, roasted mushrooms and peppers, arugula, two poached eggs, pepper jam, hollandaise

add smoked meat • 4

SMOKED BEET RANCHEROS • 18

house smoked beets, black rice, guacamole, poached eggs, chipotle black crema, pickled onions, tortilla crumble

DAILY OMELETTE • 17

chef inspired creation; house made toast

items below with choice of herb and parmesan hash browns or warm black rice and yam salad

substitute fruit • 2.50

tofu scramble for eggs • 2

SURF'S UP BREAKFAST • 21

two eggs, toast, choice of house smoked ham, bacon or chicken-apple sausage

SALMON BENNY • 21

local cold smoked salmon, spinach, dill, pickled fennel, house made focaccia

CLASSIC BENNY • 20

house smoked ham, bacon jam, house made focaccia

VEGETARIAN BENNY • 19

mushroom, spinach, truffle garlic spread, crispy shallots, house made focaccia

BREAKFAST SANDWICH • 18

house smoked ham or beets, red pepper jam, guacamole, fried egg, buckwheat bagel

SWEET WAFFLE • 18

strawberry compote, vanilla cream cheese whip, toasted coconut (*may contain nuts*)

PLAIN WAFFLE • 12

served with maple syrup (*may contain nuts*)

LONG BEACH BOWL • 18

roasted yams, mushrooms, avocado, grape tomato, tofu scramble, cashew hummus, pumpkin seeds

VEGAN POWER BOWL • 14

toasted almonds, chia, cashews, seeds, dried fruit, granola, banana, fresh berries

HOUSE OATMEAL • 12

served hot, apple cinnamon compote, maple syrup, toasted almonds

DAILY SMOOTHIE • 7

chef inspired flavor limited quantities

BAGEL AND LOX • 12

local cold smoked salmon, dill caper cream cheese, pickled onion, buckwheat bagel

BAKERY

daily muffin • 5

toasted buckwheat bagel • 6

with butter, cream cheese, preserves

toast with butter, preserves • 5

EXTRAS AND SIDES

smoked salmon • 6

fresh fruit • 5

avocado • 4

bacon • 7

house smoked ham • 5

two chicken-apple sausages • 5

herb and parmesan hash browns • 4



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HOT BEVERAGES

substitute almond, soy or oat milk • 1

make it iced • 1

foggy bean drip coffee • 3.50

mighty leaf teas • 3.50

hot chocolate • 5

americano • 4

cappuccino • 4.50

latte • 5

vanilla latte • 5.50

chai latte • 5.50

mocha • 6

SPECIALTY COFFEE

1oz • 9 2oz • 16

blueberry tea disarone, grand marnier, orange pekoe tea

bailey's coffee bailey's irish cream, espresso

irish coffee jameson's irish whiskey, espresso

b52 bailey's irish cream, grand marnier, kahlua, espresso

spanish coffee kahlua, brandy, espresso

OPERATION CAESAR

1oz • 8 2oz • 12

classic luksusowa vodka, tabasco, worcestershire, lime juice

thai this one house-made thai chili infused luksusowa vodka, cilantro, lime juice, worcestershire sauce, tabasco

grand national befeater gin, horseradish, lime juice, worcestershire sauce, tabasco

garden house-made carrot, celery, and garlic infused vodka, tabasco, worcestershire, lime juice

MIMOSA

unsworth "charme de l'ile" and orange juice, cranberry or grapefruit juice • 12

BC WINE BY THE GLASS

2.5oz | 5oz | 8oz | bottle

random white • 4 | 8 | 13 | 40

random red • 4 | 8 | 13 | 40